

# Tot Spot Café Newsletter

Issue 6 - July 2008



## **HAPPY SUMMER EVERYONE!**

Thanks to all of you that are beating the heat and coming by the Café. I am so happy we have the A/C on those hot summer days! We have a lot of exciting things happening around here...

## **Memberships Have Arrived!**

I am pleased to announce we have started monthly Tot Spot Memberships! The cost is \$75.00 per calendar month for unlimited play. Siblings are \$35.00 per month and we will be offering a 10% discount for Prime Card holders and Moms of Multiples!

## **Birthday Parties!**

We have had a lot of requests for private and birthday parties...and great reviews on the ones we've hosted so far! We are booking daily after 4.30pm and all day Sunday. You can reserve your desired date and time as early as 6 months out...and the Friday and Saturday timeslots fill up fast!

## **Classes**

We've had great turnout for our classes and we are adding more thanks to your suggestions! I have a lot of requests for Molly Strand's Potty Talk Workshop and I will be working on getting her back in here very soon!

Here's a quick list of what's coming up this month.

*Meditation* - Saturdays 12th, 19th and 26th

Our friends at Kadampa Meditation Center have offered to host a Meditation Class here at the cafe starting at 2:45. Tot Spot Admission fees will apply for the kids, but the class itself is by donation for the adults. Playroom monitors will be available.

This session will include take-away activities for you to do at home when you get one of those priceless quiet moments. If you've ever wanted to give it a try, this is a great opportunity.

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## *Money Matters for Older Kids - July 16th*

This fun, one hour class for kids 5-8 years old will help children learn important money concepts and financial skills that will last a lifetime. All children will receive a Moonjar bank (Winner of a 2004 Global Learning Initiative Award) and other nifty surprises! This class is \$5 at the door and will be held on Wednesday, July 16 at 4:30 pm at The Tot Spot Café, 17802 134th Ave NE, Suite 6, in Woodinville. Class size is limited so please register under events at [www.wholefamilyfinancial.com](http://www.wholefamilyfinancial.com) or contact Debbie Gianelli, CFP® at 425-424-2222.

## *Itsy Bitsy Yoga® - July 17th*

Anna Starikov from Blossoming Yogis will be leading a one-hour yoga class for babies and tots. Itsy Bitsy Yoga, created by Helen Garabedian, is a fun and gentle developmentally centered program for young children. This nurturing program, which includes over 125 poses, rhymes and activities, gives parents and caregivers the tools and support they need to bond with, and comfort their little ones as they grow into their bodies and explore their surroundings and what's cuter than seeing your tot do Downward Dog?

Join us for some fun at 2 pm on Thursday, July 17th and find out if you have a little yogi in your house! Class size is limited, so please register through the Café or by emailing [Anna@BlossomingYogis.com](mailto:Anna@BlossomingYogis.com) or calling 425.681-3813.

## *Toddler Dance Party - July 18th*

It's back! We had such a great response to the last Toddler Party that I thought we'd do it monthly...This event will be geared for the under 3 set and the charge will be \$10.00 per child (siblings \$5.00).

This is a great whole-family event and we promise to tire out your toddler (and maybe you, too!).

I'd prefer to keep the kids under 3, but I don't want to exclude any family members so older siblings are welcome, too!

Reservations are REQUIRED for this event! Please email [info@totspotcafe.com](mailto:info@totspotcafe.com) or give us a call at 425.488.2795

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## *Cloth Diapering Class - July 29th*

You will change your baby about 8000 times and she will spend over 25,000 hours in diapers! There is a modern, easy, gentle way to diaper your baby using cloth diapers. Without pins, dunking and swishing diapers, or using plastic pants!

Ann-Marie from Cozy Baby Boutique will be on hand with samples of several different types of diapers and will demonstrate how to use each one.

## **Strawberry Festival**

Remember that really hot weekend? It was the same weekend as Strawberry Festival in Bellevue...and we were there! Thanks to all of you that stopped by the Café's booth for free sunscreen (and candy) and a special thanks to Snapdoodle Toys in Kenmore for supplying the sunscreen!

Best,  
Kat Stremlau  
Tot Spot Café  
[www.totspotcafe.com](http://www.totspotcafe.com)