

Tot Spot Café Newsletter

Issue 8 - September 2008



Back to School Already?

I hope all of you had an amazing summer...even though our true summer days were few and far between! I have a few announcements and some cool events happening at the Café...

New Crew!

We are thrilled to welcome Nicole Rodriguez to the team! Nicole has a lot of experience with kids and makes a mean latte. She will be joining Ashley and Melissa working the weekday "swing" shift from 10am-2pm...I wish I had 1/10th the energy these gals have!

Snapdoodle Toys

There is a great toystore in Kenmore that you should all check out...It is called Snapdoodle Toys and they have an amazing selection of really unique toys that you just can't find at regular stores (and they encourage you to play with the toys, too). They are located in Kenmore at the "chalet" building and are open on Sundays, too! <http://www.snapdoodletoys.com/>

Birthday Parties

Slots are filling up fast! If you are planning on hosting a party here at the Café this year, let me know and I can pencil you in. Our Saturday @ 4.30pm parties are booked for most of this month and next. We have gotten rave reviews on the parties we have hosted so far...the kids have a blast and the parents can actually enjoy themselves, too!

Playgroup Pricing

We've been getting a lot of requests for monthly playgroups. If you have a playgroup (more than 8 moms) that would like to book a recurring monthly "playdate" at the Café, shoot me an email and we can discuss special pricing and food packages for your group.

Santa is coming to Tot Spot!

I LOVE this idea! We are partnering with Summer Myers from surgephotography.com to give the kids a very unique meeting with our friend from the North Pole! Forget the lines at the mall...you will pre-book a timeslot with Santa and fill out a brief info card on your child so Santa knows their name and a little something about them, too! Best of all, you will have digital prints. More info to come as we hammer out the details...

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September Events at Tot Spot Café!

9/11 and 9/25: Thursday Family Nights!

Tired of trying to keep that squirmy Toddler in a high chair while you catch up with your spouse over dinner? Head over to Tot Spot Café every 2nd and 4th Thursday of the month for Family Night from 5-8pm. Admission for the Café is only \$8.00 (siblings are half-price) and eat while they play!

9/18: How to Get Your Kids to Eat Healthy Foods, without Tantrums!

*****DO TO THE LARGE NUMBER OF INTERESTED PARENTS, PLEASE RSVP TO
INFO@TOTSPOTCAFE.COM TO LET US KNOW YOU ARE COMING!*****

Are you tired of fighting with your kids about food? Do you find yourself using bribery and coercion to get your little ones to eat vegetables? Have you ever given in and let your children have cereal for dinner? Wouldn't it be great if they actually ASKED for healthy foods?

At this info-packed 60-minute workshop you will learn the secrets of getting your kids to eat healthy foods. You will discover what food ingredients to avoid, and how to decipher food labels. We will discuss basic nutrition for families and time-saving tips for the kitchen. And everyone will take home a mini cookbook full of healthy, simple recipes your kids will love!

9/25: Women and Wealth: Education Planning for Your Child

Which grows faster: Your Children or College Costs? The College Board projects that the cost of a college education will rise 6% a year, with a much greater increase if your child is entering college 10, 15, or 18 years from now. What steps do I as a parent need to take to prepare for my child's college education? Are there tax-advantaged ways to save for my child's college education? What are my options and what are the differences between them? If you've asked yourself these questions, you are not alone. Join Mariko Harman, a Financial Advisor at Merrill Lynch, as well as other parents in similar situations as she tells you what you need to know to prepare for your child's educational future. Class size is limited, so please register through the Café.

Best,
Kat Stremlau
Tot Spot Café
www.totspotcafe.com